

**SENSATION WORDS: SOME SAMPLES**

Twitch	radiating	clammy	bloated
Dull	shudder	jumbly	flushed
Sharp	numb	jerky	prickly
Achy	flaccid	energized	buzzy
Pounding	blocked	stringy	flutter
Airy	goose-bump	damp	pressure
Suffocating	congested	electric	jumpy
Tremble	heavy	tight-skin	tense
Shivery	tight	light	wobbly
Chills	puffy	fuzzy	tingly
Vibration	bubbly	dense	nauseous
Itchy	tingling	cool	spinning
Stringy	empty	dizzy	throbbing
Fluid	paralyzed	faint	tremulous
Frozen	sweaty	quivery	breathless
Warm	moist	pulsing	quake

## FEELING WORDS: SOME SAMPLES

Gloomy	Sad	Annoyed	Argumentative	Anxious
Blah	Agonizing	Angry	Disgusted	Agitated
Crestfallen	Distressed	Cranky	Hateful	Edgy
Dejected	Grieving	Cross	Hostile	Fragmented
Depressed	Heartbroken	Disgusted	Resentful	Frenzied
Despairing	Hurt	Enraged	Resistant	Harried
Despondent	Pained	Exasperated		Impatient
Downhearted	Sorrowful	Frustrated	Envious	Intense
Dreary	Upset	Indignant	Jealous	Irritable
Forlorn	Wounded	Irritated		Restricted
Hopeless	Wrecked	Miffed	Longing	Rushy
Melancholic		Vengeful	Yearning	Stressed
Pessimistic	Afraid	Vexed	Desirous	Swamped
Resigned	Apprehensive		Hungry	
Somber	Dreadful	Bored		Amazed
	Fearful	Exhausted		Appalled
Ashamed	Guarded	Fatigued	Aloof	Shocked
Deflated	Hesitant	Heavy	Apathetic	Surprised
Embarrassed	Insecure	Tense	Contemptuous	
Guilty	Jittery	Tired	Critical	Confused
Insecure	Mistrusting	Weary	Detached	Ambivalent
Regretful	Nervous		Grouchy	Bewildered
Sorrowful	On edge		Indifferent	Curious
	Panicky	Alarmed	Judgmental	Doubtful
Disappointed	Suspicious	In turmoil	Nonchalant	Hesitant
Discouraged	Terrible	Incredulous	Passive	Perplexed
Disheartened	Wary	Surprised	Pitying	Uncertain
Dissatisfied	Worried	Uneasy	Prickly	Unclear
		Upset	Withdrawn	
Delighted	Calm	Alert	Amazed	Appreciative
Ecstatic	Comfortable	Alive	Astounded	Glad
Exuberant	Fulfilled	Anticipating	Dazzled	Grateful
Gleeful	Mellow	Confident	Surprised	Gratified
Joyful	Peaceful	Eager		Thankful
Jubilant	Relieved	Enthusiastic	Curious	
Radiant	Safe	Hopeful	Fascinated	Playful
	Satisfied		Inquisitive	
Effervescent	Serene	Blissful	Interested	Adventurous
Elated	Tranquil	Happy	Intrigued	Confident
Exhilarated		Overjoyed		Excited
Intense	Inspired	Radiant	Compassionate	Expectant
Overwhelmed	Focused			Hopeful
	Open			